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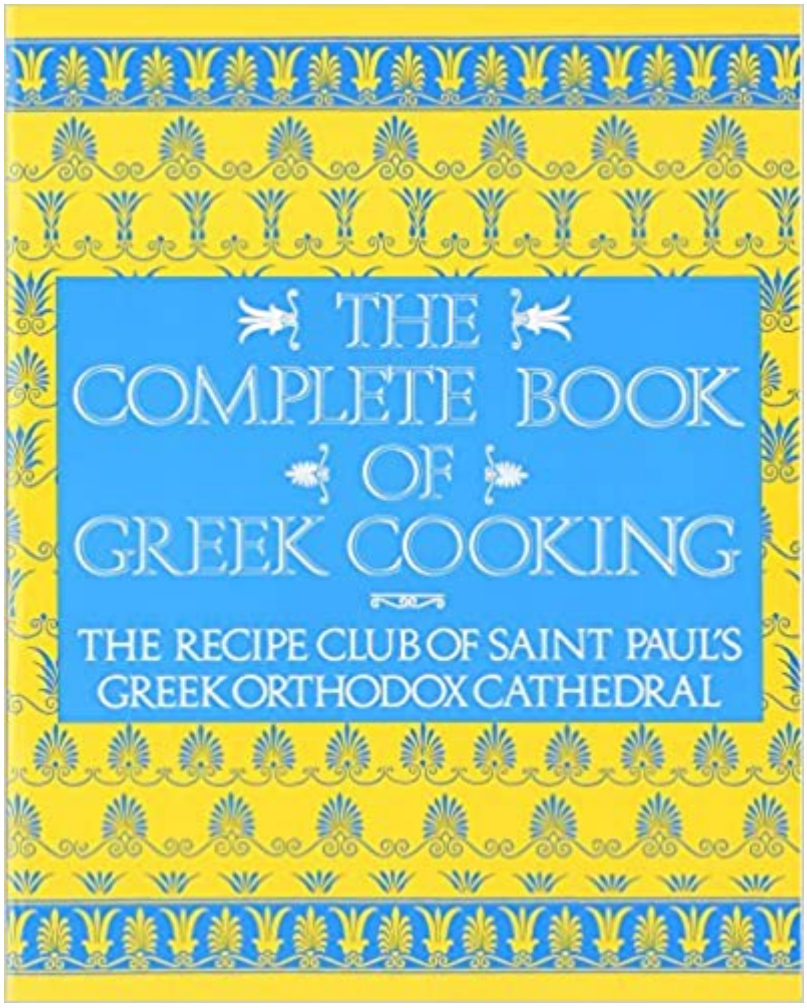
The Complete Book Of Greek Cooking: The Recipe Club Of St. Paul's Orthodox Cathedral



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Synopsis

More than 200 unique and intriguing recipes for all kinds of Greek dishes.

Book Information

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Customer Reviews

Thirty years ago, a group of women from Saint Paul's Church decided to put together a Greek cookbook to preserve some of the traditional recipes and at the same time raise money for their church. They called themselves 'the Recipe Club.' Hearty, delicious home-style Greek cooking has wide appeal. It is based on wholesome ingredients, with the emphasis on fresh vegetables, olive oil, and other natural foods.

This paperback Greek cookbook is reliable, and well-organized; has recipe titles in both the Greek name and in English, and has traditional recipes with mostly USA available products (or a USA alternative). These recipes are from-scratch cooking and made with nonchemical, natural products. Readers comment that the recipes are healthy-but this person disagrees. Flavorful, yes, but the recipes are filled with butter or olive oil, honey, nuts, phyllo, and cheeses, so they are not typically low calorie, low fat, or low sugar. There are appetizer, meat, dessert, and vegetable recipes. No photos, but some attractive, explanatory drawings are included. It is a plus that these traditional recipes come from different regions of Greece, plus this cookbook is educational. As a good classic, this cookbook is fully recommended at 4.5 stars. Thank you, Recipe Club of St. Paul's Church!

My fiance is Greek and hasn't had "home" cooking in a few years since his mother passed. I

decided to take on Greek cooking and have been pleasantly surprised by these recipes. For the newbie to Greek cooking, I would definitely recommend getting a good 2-4 cup (or up to 8 if you prefer) food processor to work on most of these to save yourself tons of time. Follow any recipe as close to exact as you can. Make any changes to taste when you remake something in the future. I made the spinach phyllo triangles as instructed, but will use 1/2 the amount of dill next time and will try it with egg roll wrappers because my fiance didn't like the flakiness of the phyllo (store bought). Everything has been delicious so far and I LOVE making the tzatziki. It is delish!

4.9 stars:If you are one of those cookbook collectors that enjoy the glossy, amusing cookbooks written by glossy, amusing TV personalities that are either "barefoot" or "naked", then this book is NOT for you. This book has no pictures, no glossy pages, and no stories of how the chef found a rare pepper plant on a recent excursion to Machu Picchu, Peru. This book is a compilation of recipes by a "group of women from Saint Paul's Church." Some recipes may be authentic and traditional; some may be completely made up; who knows and who cares is what I say.The recipes are good. The directions are easy. And the ingredients are available to most of us that don't live beyond the reach of the Interstate (let alone the Internet!)Here are some of the 250+ recipes in this book:BaklavaSkaltsounia cookiesPhylo trianglesSouzoukakia (10-points if you can say that ten times fast)MoussakaMock mageritsaStuffed grape leaves (yes!!)Whole baby lambPolitico-style saladBÃƒÂ©chamel sauceMeatball avgolemono soupMock mantiShish kebab (Mmmmmm)12 different breads!Farina cakeFlaounesSagnakiKapamaSouvlakiaChicken stefadoGreek coffee (whoa, I'm awake now!)Iced kourabiedes (cookies)BougatsaAnd my personal favorite....Loukoumades (if you haven't had one - or a dozen - then you are missing out!)I highly recommend this book as an addition to your cookbook collection. You will find it to be one of your favorites.

It's a decent Greek cookbook, mostly Americanized but some of the recipes are spot on. I'd recommend it to anyone wanting to get started in some mostly authentic Greek cooking.

Good traditional Greek cook book.

Good cookbook with original recipes, this is the second time I purchased this item. I gave it as a gift but had previously gotten one for myself.

One of the best cooking books

I was told about this book by a childhood friend. Her mom was one of the authors of this book. My friend actually helped in typing up the pages of the book when she was younger. I was baptized at St. Paul's & a member of the church (until I left Long Island a few years ago) and I am proud to have this cookbook in my kitchen. Looking through the pages brings me back to my childhood! I'm very glad I found it, and for such a great price. Can't wait to make more of the recipes in it!!! Thank you to the ladies of the recipe club!!!

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